**ADHD Triage Report**

**Re: (first name second name) DOB:**

Based on (first name)’s recent online triage, we have generated the report below. In it we will explore 4 aspects of behaviour in relation to ADHD traits:

* How (first name) performs tasks
* What (first name)’s activity levels are
* How (first name) pays attention and concentration
* How (first name) is in social situations.

And at the end we will examine severity across key domains of life and compare this to official WHO ICD 11 diagnostic criteria.

**Performing Tasks:**

(first name) is [insert the right word here from Q1] able to complete projects, whether for work, hobbies or home life.

(first name) is [insert the right word here from Q4] able to start tasks on time - including those that require some thought

When a task requires organisation (first name) is [insert the right word here from Q2] able to organise and order things accordingly

(first name) is [insert the right word here from Q3] able to keep appointments

**Levels of Activity:**

(first name) [insert the right word here from Q5] fidgets and squirms with hands or feet

(first name) [insert the right word here from Q6] feels overly active and compelled to do things

(first name) [insert the right word here from Q12] leaves the seat when in meetings or other situations when expected to remain seated

(first name) [insert the right word here from Q13] has difficulty relaxing or unwinding when there is free time

**Attention and Concentration:**

(first name) [insert the right word here from Q8] finds difficulty keeping my attention on anything you’re doing

(first name) [insert the right word here from Q11] becomes easily distracted by noises or activity around you

(first name) [insert the right word here from Q7] makes careless mistakes

(first name) [insert the right word here from Q10] misplaces or has difficulty finding things

**Social Interactions:**

(first name) [insert the right word here from Q9] finds difficulty concentrating on what people are saying

(first name) [insert the right word here from Q14] experiences the feeling of talking too much in social occasions

(first name) [insert the right word here from Q15] experiences finishing the sentences of other people when talking to them

(first name) [insert the right word here from Q16] has difficulty waiting in turn - when in a situation where turn taking is required

(first name) [insert the right word here from Q17] interrupts other people when they are busy

In terms of the severity of these symptoms and their impact on life. (first name) DID/DID NOT (depending on answer to Q18) receive warnings and persistent negative reports from teachers at school – across all or most subjects – about under performance due to lack of focus and concentration in class. (first name) also WAS/WAS NOT (depending on answer to Q19) disciplined or dismissed from work in the past due to bad performance as a result of poor focus and concentration. Finally, (first name) HAS/HAS NOT (depending on answer to Q20) experienced at least one breakdown of a relationship because a partner thought (first name) was always distracted, forgetting and ignoring them and what’s important.

These latter severity dimensions are particularly important as, according to the WHO's Clinical Descriptions And Diagnostic Requirements (CDDR) for ICD-11, "Attention deficit hyperactivity disorder manifests in early or middle childhood and that symptoms often significantly limit academic achievement... Adults with attention deficit hyperactivity disorder often find it difficult to hold down a demanding job, and may be disproportionately underemployed or unemployed. Attention deficit hyperactivity disorder can also strain interpersonal relationships across the lifespan, including those with family members, peers and romantic partners."

**In accordance with these criteria, our triage found that (first name) therefore IS/IS NOT [depending on answers to Q18-Q20] likely to have met the full threshold for a formal diagnosis of ADHD and, as a result, our system recommendation is for (first name) to remain on the waiting list for a further assessment from your team/be removed from the waiting list by sending them the attached discharge letter, with details of our free ADHD Assistant app, which they can then use to continue working on the underlying traits of ADHD which (first name) does, nevertheless, possess and so will benefit from this input [delete one version depending on answers to Q18-20].**